This group is for students dealing with the loss of a loved one, friend, or family member. Group can provide a safe space to process emotions, discuss issues, gain insight, interact with others, as well as give and receive support.

Each group will include a combination of education and support. Sessions will have a topic for discussion and time for process.

THURSDAYS
SEPTEMBER 17TH- OCTOBER 22ND
11:45-12:30
VIA ZOOM

QUESTIONS? CONTACT AMY IN STUDENT COUNSELING

amyrich@morris.umn.edu