



2020 GRIEF SUPPORT GROUP

Led by Student Counseling

This group is for students dealing with the loss of a loved one, friend, or family member. Group can provide a safe space to process emotions, discuss issues, gain insight, interact with others, as well as give and receive support.

Each group will include a combination of education and support. Sessions will have a topic for discussion and time for process.

THURSDAYS
SEPTEMBER 17TH -
OCTOBER 22ND

11:45-12:30

VIA ZOOM

**QUESTIONS? CONTACT AMY IN
STUDENT COUNSELING**

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