PREPARING FOR THE ELECTION
FOR FACULTY/STAFF

CONSIDERATIONS
WE ALL MAY NEED SUPPORT IN THE DAYS AND WEEKS SURROUNDING THE 2020 ELECTION
Read through these considerations and tips to help support students and manage your own election related needs.

REFRAIN FROM GIVING A HIGH-STAKES ASSIGNMENT DURING THE ELECTION WEEK
This is a tip for YOU and your students. Changing up an assignment to accommodate election stress will give you time to regroup and will decrease student stress.

PROVIDE MORE DROP-IN OFFICE HOURS FOR STUDENTS
Students may need more support and guidance during the days and possibly weeks surrounding the election. Imagine ahead of time how you might professionally interact with and provide support to someone with different political beliefs.

CONSIDER ALLOWING STUDENTS TO REQUEST A NO-PENALTY EXTENSION ON AN ASSIGNMENT
These are all optional considerations, but if it makes sense for you to offer this it might be a great way to support students in the days around the election.

MODEL AND PRACTICE YOUR OWN ELECTION RELATED STRESS MANAGEMENT
Model attending to your own needs during this time of increased stress, allowing students permission to care for themselves as they pursue academic and professional goals. Offer students, colleagues, and yourself radical empathy as we come together across our differences as one University community.

MORRIS LET'S THRIVE
learn heal grow