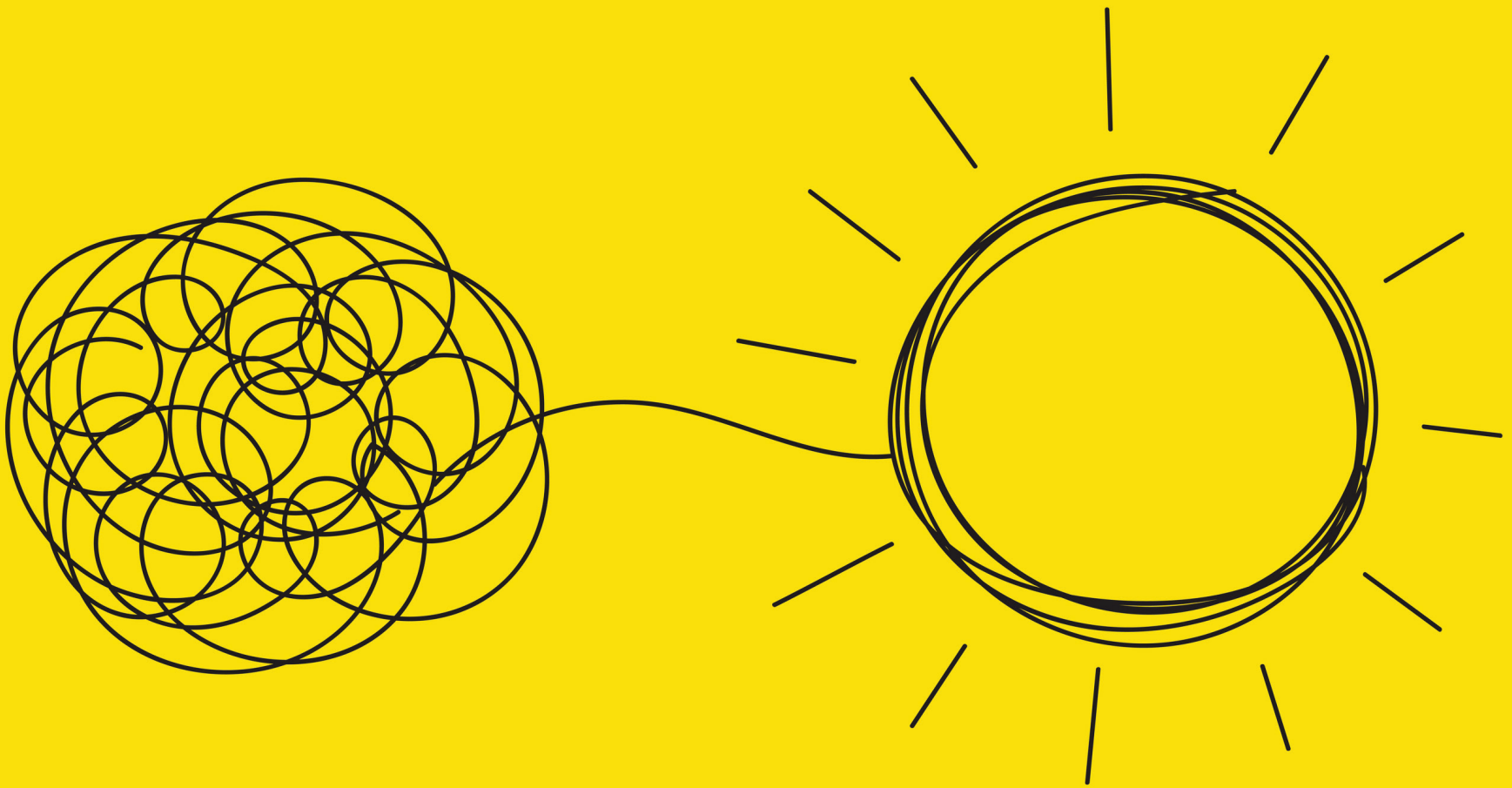


Sort out the messy

so YOU can SHINE through



Find your light. Learn to Live resources can help.

Learn to Live's programs and resources can help you navigate through life's tangles to guide you to your inner light. Completely confidential and ready to help you activate your power within.

Learn to Live's additional resources provide support in a variety of ways.

Coaches	Teammates	Mindfulness Moments	On-demand Webinars
			
Unlimited personalized support via text, email and phone	Friends or family of your choosing to keep you motivated as you go	Brief text messages filled with positivity & quick tips	Hosted by Learn to Live providing useful advice to view on your own schedule

To access Learn to Live programs and resources at no cost, visit learntolive.com/partners (enter the code: UMN)