BLACK MENTAL HEALTH

Black people throughout the diaspora have vastly different cultures and practices. However, Blackness has been weaponized, colonized, objectified, and scrutinized around the world. “Blackness” appears to be “appropriate” when it is something that can be beneficial and capitalized upon. However, Blackness is more than negative stereotypes or beliefs. Black lives matter, Black love matter, Black trans women matter, Black mental health matter; Black lives matter period.

This group will aim to celebrate and unearth the truths of Black/African students on campus. Gathering our skinfolk an kinfolk into healthy intersectional dialogues. This group will aim to allow space for reflection, growth, honesty, and togetherness.

This group will meet virtually via Zoom

For any additional information or accommodations please contact Brianca Smith-Austin M.A., Brianca@Morris.umn.edu