

CURRICULUM VITAE FOR PROMOTION AND TENURE¹

Heather J. Peters, Ph.D., LP

IDENTIFYING INFORMATION

Academic Rank

Associate Professor of Psychology, Social Sciences Division, University of Minnesota Morris

Education

| Degree | Institution | Date Degree Granted |
|--------|--|---------------------|
| B.A. | University of Minnesota Twin Cities Magna Cum Laude Psychology Thesis: Cross-Cultural Examination of Metacognition- In-class and General Knowledge Exams | 2000 |
| B.S. | University of Minnesota Twin Cities Kinesiology, Minor in Coaching | 2000 |
| M.A. | University of Arizona Clinical Psychology- APA Approved, Sport Psychology Minor Thesis: Effect of Culture on Self-Talk and Responses to Feedback | 2003 |
| Ph.D. | University of Arizona Clinical Psychology- APA Approved, Sport Psychology Minor Dissertation: A Cultural Analysis of Self-Talk, its Relationship to Performance, and Potential Moderators | 2006 |

Licenses and Certifications

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|-----------|---|
| 2010 | Licensed Psychologist State of Minnesota |
| 2008-2018 | Certified Mental Performance Consultant, Association of Applied Sport Psychology |

¹ Please make sure that all the items relevant to your scholarship/creative work, teaching, service/outreach work find a place on this c.v. If you do not find a category that fits an item, please create an appropriate heading for that item. Similarly, if a category does not pertain to your case, then eliminate it from the list.

Positions/Employment

| | |
|--|------------------|
| University of Minnesota, Morris Associate Professor | (2014 – present) |
| University of Minnesota, Morris Assistant Professor | (2007 – 2014) |
| University of California, Davis Counseling and Psychological Services Postdoctoral Fellow, APA Approved (2000 Hours) | (2006 – 2007) |
| University of California, Davis Counseling and Psychological Services Predoctoral Intern, APA Approved (2000 Hours) | (2005 – 2006) |
| University of Arizona Athletic Department Psychology Extern | (2003 – 2005) |
| University of Arizona Counseling and Psychological Services Psychology Extern | (2003 – 2004) |
| Arizona Children’s Association, Tucson, AZ Psychology Extern | (2002 – 2003) |
| University of Arizona Lecturer | (2001 – 2004) |
| University of Arizona Teaching Assistant | (2000 – 2005) |
| University of Arizona Sport & Exercise Psychology Lab Lab Manager Jean M. Williams, Ph.D. | (2000 – 2005) |
| Mayo Clinic, Rochester MN Sports Medicine Center Research Assistant Aynsley Smith, Ph.D. | (2000 – 2000) |
| University of Minnesota, Twin Cities Cultural and Psychological Processes Lab Research Assistant Jeanne Tsai, Ph.D. | (1998 – 2000) |

Positions/Employment cont'

University of Minnesota, Twin Cities (1999 – 2000)
 Memory and Cognition Lab
 Research Assistant
 William Fox, Ph.D.

University of Minnesota, Twin Cities (1997 – 1998)
 Institute of Child Development
 Research Assistant
 Albert Yonas, Ph.D.

University of Minnesota, Twin Cities (1996 – 1997)
 Tucker Research Center for Women & Girls in Sport
 Research Assistant
 Diane Wiese-Bjornstal, Ph.D.

Current Membership in Professional Organizations

Minnesota Psychological Association (2009 – present)
 Divisions Rural & Greater MN and Private Practice
 Society for a Science of Clinical Psychology (2008 – present)
 American Psychological Society (2003 – present)
 American Psychological Association, Divisions 12 & 47 (2002 – present)
 Association for Applied Sport Psychology (1997 – present)

HONORS AND AWARDS FOR RESEARCH/CREATIVE WORK, TEACHING, PUBLIC ENGAGEMENT, AND SERVICE

University of Minnesota

Charlotte Striebel Equity Award (2018-2019)
 Horace T. Morse-University of Minnesota Alumni Association Award (2016)
 for Outstanding Contributions to Undergraduate Education
 UMM Alumni Association Teaching Award (2016)
 Cesar E. Chavez Award from Voces Unidas (2014)
 Dean's Course Release for Research (Spring) (2013)
 Single Semester Leave (Fall) (2011)

External Sources

Professional Honors and Awards

University of Minnesota Psychology Distinguished Alumni Award (2018)
 Thesis of the Year Award- AASP "Effect of Culture on
 Self-Talk and Responses to Feedback" (2004)

Graduate Honors and Award

Nominated for Graduate Student of the Year (2005)
 University of Arizona

RESEARCH, SCHOLARSHIP, AND CREATIVE WORK

Grants and Contracts

Received at another institution:

| | | |
|--|---------|--------|
| Association for Applied Sport Psychology | | (2005) |
| Research Grant | (\$575) | |
| Social and Behavioral Research Initiative | | (2003) |
| Pre-Doctorate Grant University of Arizona | (\$500) | |
| Social and Behavioral Research Initiative | | (2002) |
| Pre-Doctorate Grant - University of Arizona | (\$500) | |
| Grant for Honors Thesis, University of Minnesota, TC | (\$500) | (1999) |
| UROP, Culture & Attention Study | | (1998) |
| University of Minnesota, TC | (\$500) | |

Received at University of Minnesota:

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| Legislative-Citizens Commission on Minnesota Resources- Consultant | (\$197,000) | (2016) |
| <i>"Standards-Based Dakota Indian Land Stewardship Education"</i> | | |
| Minnesota Historical Society- Consultant | (\$98,039) | (2016) |
| <i>"Mni sota Makoce Dakota homelands Curriculum Revision Project"</i> | | |
| Educational Development Program | (\$1,500) | (2015) |
| <i>"Multicultural Psychology Course Overhaul"</i> | | |
| Collaborative Research Center for American Indian Health NIH (U54MD008164) | (\$111,519) | (2014) |
| <i>"Culturally Based Curriculum, Wicozani and Suicidal ideation in Dakota Youth"</i> | | |
| Faculty Research Enhancement Fund | (\$5,000) | (2013) |
| <i>"DREAMERS' and their Parent's experiences"</i> | | |
| Faculty Research Enhancement Fund | (\$1,200) | (2013) |
| <i>"Dialectic Structured Dialogue Research Training"</i> | | |
| Faculty Research Enhancement Fund | (\$1,000) | (2013) |
| <i>"American Indian Student Retention at UMM"</i> | | |
| Grant in Aid | (\$43,105) | (2012) |
| <i>"Dakota Wicohan: Using Culturally Relevant Methods to Explore Youth Physical Activity"</i> | | |
| Faculty Research Enhancement Fund | (\$300) | (2012) |
| <i>"Executive Board Meeting and Annual Conference for the Association for Applied Sport Psychology"</i> | | |
| Faculty Research Enhancement Fund | (\$300) | (2011) |
| <i>"Executive Board Meeting and Annual Conference for the Association for Applied Sport Psychology"</i> | | |
| Faculty Research Enhancement Fund | (\$300) | (2010) |
| <i>"Executive Board Meeting and Annual Conference for the Association for Applied Sport Psychology"</i> | | |
| Faculty Research Enhancement Fund | (\$250) | (2010) |
| <i>"American Indian Successful Aging: Where is the Model?"</i> | | |
| Faculty Enrichment Project | (\$500) | (2008) |
| <i>"Develop Strategies to Balance my Teaching, Research, and Service Activities"</i> | | |

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| Faculty Research Enhancement Fund | (\$750) | (2009) |
| "Athlete's Self-Talk" | | |
| Educational Development Program Grant | (\$2,000) | (2008) |
| "Multicultural Psychology Course Development with a Service-learning Component" | | |
| Faculty Research Enhancement Fund | (\$750) | (2008) |
| "Multicultural Counseling Competencies of Psychology Interns in Relationship to their Training Environments" | | |
| Faculty Enrichment Project | (\$500) | (2008) |
| "Develop Strategies to Improve my Teaching, Research, and Service Activities" | | |

Publications

Refereed Journal Articles and Chapters (student names are underlined)

Flanagan, S. K., & **Peters, H. J.** (2020). Asexual-identified Adults: Interactions with Health-care Practitioners. *Archives of Sexual Behavior*. DOI: 10.1007/s10508-020-01670-6

Carter, L., Oglesby, C., Morimoto, L., **Peters, H. J.**, & Peterson, T. R., (2020). Doing feminist sport psychology. In Carter, L. (Ed.), *Feminist Applied Sport Psychology: From Theory to Practice* (pp. 205-212). Routledge, New York: NY.

Peters, H. J., Peterson, T. R., & Dakota Wicohan Community (2020). A story of partnership built on Indigenous and feminist epistemologies and community-based participatory research. In Carter, L. (Ed.), *Feminist Applied Sport Psychology: From Theory to Practice* (pp. 125-136). Routledge, New York: NY.

Forster-Scott, L., & **Peters, H. J.** (2020). Breaking stereotypes and barriers to working with Muslim and women of color. In Carter, L. (Ed.), *Feminist Applied Sport Psychology: From Theory to Practice* (pp. 197-204). Routledge, New York: NY.

Peters, H. J., Peterson, T. R., & Dakota Wicohan Community (2019). Developing an Indigenous Measure of Overall Health and Well-being: The Wicozani Instrument. *Journal of American Indian and Alaska Native Mental Health Research*, 27, 96-121. DOI:10.5820/aian.2602.2019.96

Peters, H. J., Schwenk, H. N., Ahlstrom, Z. R., & McIalwain, L. N. (2017). Microaggressions: The Experience of Individuals with Mental Illness. *Counseling Psychology Quarterly*, 30, 86-112. Doi: 10.1080/09515070.2016.1164666

Peters H. J. & Stefanek, K. A. (2012). Fear of failure: What's culture got to do with it? In Schinke, R. J. (Ed), *Athletic Insight's Writings in Sport Psychology* (pp. 289-300). Hauppauge, NY: NOVA Science Publishers.

- Stefanek, K. A. & **Peters, H. J.** (2011). Motivation in sport: Theory and application. In Cox, W. M. & Klinger E. (Eds.). *Motivational Counseling Concepts, Approaches, and Assessment* (pp. 415-436). John Wiley & Sons, Ltd, UK: Chichester.
- Peters, H. J.**, Krumm A., Gonzales, R., Paez, K., Gunter, K., Zygowitc, S., & Haggins, K. (2011). Multicultural environments of academic versus internship training programs: Lessons to be learned. *Journal of Multicultural Counseling and Development, 39*, 114-124.
- Peters, H. J.**, & Williams, J. M. (2009). Rationale for developing a cultural sport psychology. In Schinke, R. J. & Hanrahan, S. J. (Eds.), *Cultural Sport Psychology: From Theory to Practice* (pp. 13-22). Human Kinetics, USA: Champaign, IL.
- Peters, H. J.** (2008). The dynamogenic factors in pacemaking and competition. In Lavallee, D. & Williams, J. M. (Eds.), *Key Studies in Sport and Exercise Psychology* (pp. 113-130). McGraw-Hill, USA: New York, NY.
- Peters, H. J.**, & Williams, J. M. (2006). Moving cultural background to the foreground: An investigation of self-talk, performance, and persistence following feedback. *Journal of Applied Sport Psychology, 18*, 240-253.
- Peters, H. J.**, Greenberg, J., Williams, J. M., & Schneider, N. R. (2005). Applying terror management theory to performance: Can reminding individuals of their mortality increase strength output? *Journal of Sport and Exercise Psychology, 27*, 111-116.
- Peters, H. J.**, & Williams, J. M. (2005). Peak performance - A unifying model. In Bartlett, R., Gratton, C., & Rolf, C. (Eds.). *Encyclopedia of International Sports Studies*. Taylor and Francis, UK: London.

Non-refereed Journal Articles, Book Chapters, or Reports

- Peterson, T. R. & **Peters, H. J.** (2020). *Native American Student Equity & Post-Secondary Attainment: An Assessment of Progress and Action Steps for 2020-2030*. University of Minnesota Morris.
- Gunter, K. K. & **Peters, H. J.** (2014). Work More Effectively with Clients by Being Aware of Microaggressions. *Association for Applied Sport Psychology, 29* (3), (pp. 9-11).
- Peters, H. J.** et al. (2010). Morris area public schools survey 2009: Reasons for choosing/considering alternative schooling and possible topics to be covered through special programming (Research Report No. 1).

Presentations, Posters, and Exhibits

Presentations at Professional Meetings and Conferences (student names are underlined)

D'Ugo, M. M., Shanholtz, C. E., Beck, C. J., **Peters, H. J.** (2019, February). *The Impact of Microaggressions on Team Cohesion in Collegiate Student-Athletes*. Graduate and Professional Student Showcase, University of Arizona, Tucson AZ.

Peterson, T. R. & **Peters, H. J.** (2018, November). *Indigenous Early Childhood Development Evaluation Frameworks*. Webinar for Evaluation Committee, Board of Directors, Better Way Foundation.

Peters, H. J., Berlinger, A., & Karels, B. (2018, October). *Developing Personal and Professional Wellbeing*. Presentation for UMM Staff, Morris, MN.

Peters, H. J. & Breen, S. (2018, September). *Special Considerations for International & Underrepresented Students*. Presentation at Academy of Distinguished Teachers Retreat, Deerwood, MN.

Peters, H. J., Berlinger, A., & Karels, B. (2018, August). *Developing Personal and Professional Wellbeing*. Presentation at the Annual Faculty Development Day, Morris, MN.

Peterson, T.R. & **Peters, H.J.** (July 2018). *Youth Outcomes Associated with Language Acquisition*. Presentation at the Native Language Funders Conversation, First Nations Development Institute, Prior Lake, Minnesota.

Peters, H. J., Bridget, J., & Williamson, J. (2017, August). *Mental Health Goes to College*. Presentation at the Annual Faculty Development Day, Morris, MN.

Peters, H. J. (2017, April). *Students from Marginalized Backgrounds and University Alienation: What you Can Do!* Presentation at the Academy of Distinguished Teachers Annual Conference, Minneapolis, MN.

Peters, H. J. & Dean, R. (2016, November). *Trans and Intersex Athletes: Gene Expression and Gender Salience*. Presentation at the Gender and Women Sexuality Studies Invited Lecture, Morris, MN.

Dean, R. & **Peters, H. J.** (2016, November). *Trans and Intersex Athletes: Gene Expression and Gender Salience*. Presentation at Minnesota Out! Campus Conference, Morris, MN.

Peters, H. J. St. Clair, D., & Peterson, T. R. (2016, October). *Culturally Based Curriculum, Wicozani, and Suicidal Ideation in Dakota Youth*. Presentation at Collaborative Research Center for American Indian Health, Sioux Falls, SD.

Peters, H. J. & Shekhar, S. (2016, September). *Special Considerations for International & Underrepresented Students*. Presentation at Academy of Distinguished Teachers Retreat, Deerwood, MN.

- Peters, H.J. & Peterson, T.R.** (2016, September). A Cultural Intervention's Influence on Associated Connectedness and Sense of Belonging in Dakota Youth. *Witaya Unkospepi, Together We Learn*. Teacher Inservice Training, Lower Sioux Indian Community.
- Peters, H. J.** (2016, August). *Work More Effectively with Students by Understanding how Culture Influences You Both*. Presentation at the Annual Faculty Development Day, Morris, MN.
- Kachan, A., Peters, H. J., Thompson, S., & Lamb, A.** (2016, May). *Examining the effect of Big Five personality traits and past stressful experiences on aggression caused by video games*. Poster session at the Midwestern Psychological Association Annual Conference, Chicago, IL.
- Peters, H. J. & Peterson, T.R.** (2016, March). *Influence of a culturally based Dakota Curriculum on students' sense of belonging, connectedness, Wicozani (overall health), and suicidal ideation*. Presentation at the Thursday Afternoon Faculty Seminar, Morris, MN.
- Peters, H. J. & Peterson, T.R.** (2016, March). *Culturally Based Curriculum, Wicozani, and Suicidal Ideation in Dakota Youth*. Presentation at the Collaborative Research Center for American Indian Health Summit, Ft. Totten, ND.
- Peters, H. J. & Peterson, T.R.** (2015, June). *A Cultural Intervention's Influence on Wicozani and Suicidal Ideation in Dakota Youth*. Poster session at the Collaborative Research Center for American Indian Health Summit, Rapid City, SD.
- Peters, H. J. & Peterson, T. R.** (2014, November). *Gender's Influence on Dakota Sense of Belonging, Wicozani, and Language*. Presentation at the Gender and Women Sexuality Studies Invited Lecture, Morris, MN.
- Peters, H. J., Macheledt, K., & Monette, L.** (2014, April). *Art, Forgiveness and Empathy: Art Making Tasks and Increasing Motivations of Interpersonal Forgiveness*. Presentation at the Red River Psychology Conference, Moorhead, MN.
- Peterson, T. R. & Peters, H. J.** (2014, March). *Considering culturally relevant pedagogy for teacher education and research practices in Dakota communities*. Poster session at the American Association of College Teaching and Education, Indianapolis, IN.
- Peters, H. J.** (2014, February). *Work more effectively with clients by understanding how culture influences both of you*. Keynote at the North Central Regional Conference, Mankato, MN.
- Peters, H. J.** (2008, September). *How to see people not problems*. Presentation at the Annual Northern Plains Conference on Aging and Disability, Fargo, ND.

Cougevan, K., Mclain, M., Maley, M., **Peters, H. J.**, Boyer, E., & Lau, A. (2008, September). *Tools for schools: University outreach panel, the body esteem boot camp*. Presentation at the Annual meeting of the National Eating Disorders Association, Austin, TX.

Hedstrom, R., Gano-Overway, L., **Peters, H. J.**, & Stefanek, K. A. (2008, September). *Walking the tight rope: Balancing effective sport psychology consultation and multiple roles in a small college setting*. Presentation at the annual meeting of the Association of Applied Sport Psychology, St. Louis, MO.

Posters (student names are underlined)

Peters, H. J., LaFrinier-Ritchie, A., & Running Hawk, L. (2011, September). *American Indian Successful Aging*. Poster session at the Rural & Greater Minnesota Conference, Morris, MN.

Peters, H. J., LaFrinier-Ritchie, A., & Running Hawk, L. (2010, April). *American Indian Successful Aging: Where is the Model?* Poster session at the Biennial Cultural Competency Conference, Atlanta, GA.

Krumm, A. J, Gonzales, R. R., **Peters, H. J.**, Gunter, K. K., Paez, K. N., Zygowicz, S. D., & Haggins, K. L. (2008, March). *Multicultural competence and training environments: Individual differences in self-ratings*. Poster session presented at the Annual International Counseling Psychology Conference, Chicago, IL.

Krumm, A. J, **Peters, H. J.**, Gonzales, R. R., Gunter, K. K., Paez, K. N., Zygowicz, S. D., & Haggins, K. L. (2007, August). *Multicultural counseling competency and perceptions of the multicultural training environment*. Poster session presented at the 115th Annual Convention of the American Psychological Association, San Francisco, CA.

Peters, H. J., & Williams, J. M. (2005). *Positive self-talk relates to improved performance: Wrong – Cultural background counts!* Presentation at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Vancouver, BC.

Peters, H. J., & Williams, J. M. (2003, October). *Applying terror management theory to performance: Can reminding individuals of their mortality increases strength output?* Poster session presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, PA.

Peters, H. J., & Williams, J. M. (2003, October). *The relationship between athletes' negative and positive self-talk, goal achievement, and perceived performance*. Poster session presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Philadelphia, PA.

Peters, H. J., & Williams, J. M. (2003, October). *What type of self-talk do athletes perceive as being negative?* Poster session presented at the annual meeting of the Association of Applied Sport Psychology, Philadelphia, PA.

Peters, H. J., & Williams, J. M. (2001, October). *Assessing American cultural orientation within diverse cultures.* Poster session presented at the annual meeting of the Association of Applied Sport Psychology, Orlando, FL.
TEACHING AND CURRICULUM DEVELOPMENT

University of Minnesota

Courses, seminars, and instructional units taught

- PSY 4950: Advanced Seminar in Social and Applied Psychology: Social Aspects of Sport Psychology
- PSY 4930 1: Advanced Seminar in Personality or Clinical Psychology: Eating Disorders
- PSY 4930 2: Advanced Seminar in Personality or Clinical Psychology: Multicultural Counseling
- PSY 4770: Empirical Investigations in Psychology
- PSY 3800: Research Practicum
- PSY 3542: Multicultural Psychology (Service Learning)
- PSY 3313: Psychopathology (Service Learning)
- PSY 3302: Personality
- PSY 4896: Field Experiences in Psychology
- IS 3800: Practicum in Social Sciences
- IS 3893: Prior Learning Directed Study
- IS 3996: Interdisciplinary Internship Psychology
- IS 4994H: Senior Honors Project
- HMSV 2001: Introduction to Human Services
- HMSV 4896: Human Services Internship

Directed Study

- PSY 2993 1: Connections between Indigenous Communities & Psychology, Spring 2020
- PSY 3893 4: American Indian Youth: Substance Abuse, Delinquency, and Potential Treatments, Fall 2013
- PSY 3993 4: Personality Characteristics and Graduation Rates, Fall & Spring 2012
- PSY 3993 4: Exploration of Archetypes Through Art, Spring 2012
- PSY 3993 2: Introduction to Profiling and the Impacts of Portraying Psychological Disorders in Popular Culture, Spring 2012
- PSY 4993 3: American Indian Successful Aging, Spring 2010
- PSY 4993 3: Diversity in Schools: Racial Identity Development and Teachers' Perceptions, Spring 2010
- PSY 4993 3: Ethics in Psychology, Spring 2008

Guest Lecture

- PSY 3611: History and philosophy of Psychology (Spring 2018)
- PSY 3261: Human Sexuality (Spring 2016, Spring 2017, Spring 2018)
- PSY 4101: Helping Relationships (Fall 2007, Spring 2008)
- IS 4101: Introduction to Professional Conduct, Legal Constraints, Ethics in Human Services (Fall 2008, Spring 2009, Fall 2009)
- SOC 3141: Sociology of Childhoods (Spring 2009)

Curricular Innovations

Use of Video, Power Point, Case Studies, Service Learning, Primary Readings, Moodle

Special Teaching Methods Implemented

Active Learning, Collaborative Learning, Role Play, Case Vignettes, Video Critiques, Student Presentations, Article Dialogues, Service Learning, Community-based learning/research

Faculty Development Activities regarding teaching and mentoring

- Brad Johnson, American Psychological Association (2018)
 “Becoming a Master Mentor”
 “Ethical Issues in Mentoring Relationships”
- Academy for Distinguished Teachers Retreat (2016, 2018)
Quality Matters Rubric Workshop, Engin Sungur (2012)
Thomas A. Parham, University of California, Irvine (2012)
 *“Building for Eternity Conceptual Pillars that Drive Contemporary
 Service Delivery in African American Psychology”*
- Faculty Professional Development Day (2010-2018)
Attend the Council of Undergraduate Research conference (2011)
Derald Wing Sue, Teachers College, Columbia University, Webinar (2010)
 *“That’s Not what I Meant!: Teaching about Microaggressions in
 the college Classroom”*
- Fall Faculty Retreat (2007, 2008)

University of Arizona

Courses, seminars, and instructional units taught

- PSYC 365: Cross-Cultural Psychology
PE 320: Psychological Foundations for Exercise and Sport
PSYC 270: Psychology of Coaching
INDV 101: Introduction to Psychology

ADVISING AND MENTORING

Undergraduate Student Activities

Undergraduate Research Projects

McNair

- (2020-2021) *Experiences of Native Students Attending College at a former Boarding School*
(2019-2020) *Leadership in Native Communities and it’s Relationship to Wicozani, Ethnic Identity, and Connectedness*
(2018-2019) *Native American College Student’s Perspectives on Healing Community*

Morris Academic Partnership (MAP)

- (2013-2014) *Assessing Rural Mental Health Workers’ Multicultural Competencies*
(2010) *Assessing Athletes’ Self-Talk: Facilitative and Debilitative*

Undergraduate Research Symposium

- (2018) *Representations of Native Americans in the Media and Impacts on Mental Health*
(2017) *Health Care Experiences of Self-Identified Asexuals*
(2017) *TRANSforming Families: The Effects of Familial Social Support and Belongingness on*

- the Healthy Identity Development of Trans Youth*
- (2013) *The Effects of Hypocrisy Induced Cognitive Dissonance on the Consumption of Fruits and Vegetables*
- (2013) *Mental Illness Microaggressions: The Experiences of College Students with mental Illnesses*
- (2013) *Religion, Peers, Parents, and Sex Education: Relationships with Sexual Awareness*
- (2013) *Artistic Expressions: Interactions between Art-Based Interventions and Motivations of Interpersonal Forgiveness*
- (2013) *The Effects of Media Exposure on Male Body Satisfaction and Self-Esteem*
- (2012) *Music Therapy and Autism Spectrum disorder*
- (2010) *American Indian Successful Aging*. Poster session.

Multicultural Mentorship Program

- (2016-2017) Media's influence on Body Image
- (2014-2015) *Microaggressions and Health Consequences*
- (2012- 2013) *Why People Blame Rape Victims and the Psychological Effects?*

Global Issues Honors Consortium

- (2009-2010) *Assessing Rural Mental Health Workers' Multicultural Competencies*

Honors Thesis

- (2017) Analysis of Intercultural Competence in the Context of Ernest Hemingway's novel *The Sun Also Rises*
- (2017) *Female Insanity: The Portrayal of a Murderess in Alias Grace*
- (2017) *Found Poetry: Combating Mental Illness Stigmas with Art*
- (2016) Faculty Advisor: *The Demons Within: Representations of the Devil in Literature and Possible Applications in Modern psychology*
- (2014) *Working with students with ADHD in Today's Classroom*
- (2013) Faculty Advisor: *An Examination of Characters in Television Shows and Movies who Depict Symptoms Associated with Autism Spectrum Disorders*
- (2012) *Music Therapy and Autism Spectrum disorder*

Research Assistants

- 2019-2020 2 students: Dakota Wicohan (Fall & Spring)
 3 students: Friendship Styles, Culture, and Studying Behaviors
 1 student: Indigenous leadership
- 2018-2019 6 students: Dakota Wicohan (Fall & Spring)
- 2018 9 students: Dakota Wicohan (Spring)
- 2017 14 students: Dakota Wicohan (Fall)
- 2017 5 Students: Dakota Wicohan (Spring)
- 2016-2017 1 Student: Asexuality National Survey
- 2016 2 Students: Personality, past stressful events, and video game aggression (Spring)
- 2014-2015 4 Students: Dakota Wicohan (Fall, Spring)
- 2014 1 Student: Religion, Peers, Parents, and Sex Education
- 2014 1 Student: Interactions between Art-Based Interventions and Motivations of Interpersonal Forgiveness
- 2013-2014 3 Students: Mental Illness Microaggressions (Fall, Spring)
- 2013-2014 2 Students: Multicultural Competencies (Fall, Spring)
- 2013-2014 3 Students: Dakota Wicohan (Fall, Spring)
- 2013 2 Students: Cognitive Dissonance and Eating Fruits and Vegetables (Spring)
- 2012-2013 2 Students: Dakota Wicohan (Fall, Spring)

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| 2010-2011 | 5 Students: Self-Talk (Fall) |
| 2010-2011 | 4 Students: Multicultural Competencies (Spring, Fall) |
| 2009 | 6 Students: Survey for Morris Area School District (Spring, Fall) |
| 2008-2009 | 2 Students: Survey for Morris School District (Fall, Spring, Fall) |
| 2008-2009 | 2 Students: Motivation in Sport (Fall, Spring) |
| 2008 | 2 Students: Self-talk (Spring, Fall) |
| 2007-2008 | 1 Student: Cross cultural study of self-talk in the US and India (Fall, Spring) |

Undergraduate Advising

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|-----------|----------------------|
| 2019-2020 | 36 official advisees |
| 2018-2019 | 24 official advisees |
| 2017-2018 | 31 official advisees |
| 2016-2017 | 23 official advisees |
| 2015-2016 | 25 official advisees |
| 2014-2015 | 33 official advisees |
| 2013-2014 | 35 official advisees |
| 2012-2013 | 34 official advisees |
| 2011-2012 | 31 official advisees |
| 2010-2011 | 29 official advisees |
| 2010-2011 | 25 official advisees |
| 2009-2010 | 25 official advisees |
| 2008-2009 | 28 official advisees |
| 2007-2008 | 13 official advisees |

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| <i>UMM Master Adviser</i> | <i>2016-present</i> |
| <i>Great Lakes Master Adviser</i> | <i>2014-2015</i> |

Other Mentoring Activities

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|-----------|---|
| 2018-2019 | Advising Mentor Priyanka Basu |
| 2017-2018 | Advising Mentor Elliot James & Mentoring Marissa Holst |
| 2016-2017 | Advising Mentor Kevin Whalen |
| 2015-2016 | Mentoring Bonnie Ekstrom |
| 2014-2015 | Mentoring Kerry Michael |
| 2013-2014 | Mentoring Theresa Peterson |
| 2012-2013 | Mentoring Oscar Baldelomar |
| 2011-2012 | Mentoring Karissa White, Predoctoral Fellowship Program |
| 2011-2012 | Mentoring Nick Leanord |
| 2009-2010 | Advising Mentor Jacqueline Greenwood-Julian |
| 2009-2010 | Advising Mentor Sheryl Stewart |
| 2009-2010 | Advising Mentor Kevin Stefanek |

SERVICE AND PUBLIC OUTREACH

Service to the Profession of Psychology

Sport Psychology Services

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| 2017 | External Evaluator, Candidate for Associate Professor with Tenure, Exercise Science Department, Pacific University. |
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2009-2017 Member of the United States Olympic Committee's Sport Psychology Registry
2009-2012 Secretary Treasure, the Association for Applied Sport Psychology (AASP),
Executive Board Member

Editorships/Journal Reviewer Experience

2011-present Reviewer for Psychology of Sport & Exercise
2011-present Reviewer for Journal of Applied Sport Psychology
2009-2012 Guest reviewer for the Women in Sport and Physical Activity Journal
2008 Guest reviewer International Journal of Sport and Exercise Psychology

Committee memberships

2014-2017 Diversity Committee, AASP
2015-2016 AASP Foundation Committee, AASP
2015 Conference Program Review Committee, AASP
2012-2012 AASP Foundation, AASP
2010-2012 Development Committee, Chair, AASP
2009-2012 Finance Committee, Chair, AASP
2007-2011 Conference Program Review Committee, AASP
2007-2009 Dissertation Award Committee, AASP
2007 Marketing Search Committee, AASP
2005-2006 International Student Representative, AASP, Executive Board Member
2002-2005 Regional Student Representative, AASP
2003-2005 Member of the International Relations Committee, AASP
2003-2005 Facilitator for Proactive Peer Undergraduate Mentoring Program, AASP

Review panels for external funding agencies, foundations

2006 Grant Review Committee, AASP

Organization of conferences, workshops, panels, symposia

2013 Conference Planning Committee, Rural and Behavioral Health Conference
2013 Conference Presider of a Panel, AASP
2012 Conference Planning Committee, Rural and Behavioral Health Conference
2010 Conference Presider of a Panel, AASP
2010 Conference Planning Committee, Rural and Behavioral Health Conference
2009 Conference Presider of a Panel, AASP
2007-present Conference Program Review Committee, AASP
2007 Conference Presider of a Panel, AASP

Service to the University of Minnesota

University-wide service

2013-2019 Disabilities Issues Committee
2016 Academy of Distinguished Teachers Planning Committee
2016-2017 School of Public Health Work Group
2009-2010 All University GLBT Commission
2009-2010 Biennial Summit Planning Committee

University of Minnesota, Morris

2019-present Member of the Equity and Diversity Committee
2019-2020 Native American Student Success Campus Resources Faculty Liaison:
UMM's Native American Serving Non-Tribal Institutions project

2019 Provided clinical supervision to Rachel Coler Mulholland
 2017-present Equity & Diversity Advocate Pilot Project, Chair
 2017-present Consultant Student Counseling
 2017-present Commission on Women and gender Equity, Chair
 2011-present Student Behavior Committee, Chair
 2017 Teach In- Immigrants & Refugees: Beyond the Rhetoric Chair of Planning Committee
 2016 Human Services, Coordinator (Fall)
 2016 Mental Health Awareness Week, Co-Coordinator
 2015 Mental Health Awareness Week, Co-Coordinator
 2015 Education Division Promotion & Tenure Review Committee
 2014- 2017 Commission on Women
 2014 & 2015 Martin Luther King Jr. Day of Service Presenter
 2014-2015 Equity, Diversity and Intercultural Connections Retreat, Planning Committee Member & Facilitator
 2014-2015 Circulation Library Technology Specialists Search Committee
 2014 Social Science Division Chair Review Committee
 2014 Community of Scholar, Individual Interviewer, Admissions
 2013-2014 Technology and Instruction Access Working Group
 2013-2014 Liberal Arts for the Human Services, Discipline Coordinator
 2013 Community of Scholars (individual interviewer), Admissions
 2011 Generate Proposal for UMM's Faculty Resource Center
 2010 Faculty Professional Development Day Planning Committee, Chair
 2010 Community of Scholars (individual interviewer), Admissions
 2009-2010 Faculty Development Committee
 2009 Summer Advising Participant, Advising
 2009 New Recruit Dinner, Admissions
 2009 Community of Scholars (individual & group interviewer), Admissions
 2008-2009 Queer Issues Committee
 2008-2009 Campus Resource and Planning Committee
 2008 Safe Zone Training
 2008-2019 Hold individual meetings with prospective students (at least 10 a year)

Social Sciences Division

2019-present Policy Committee
 2017-2019 Supporting Junior Faculty of Color Work Group
 2016-2017 Clinical/Counseling Psychology Search Committee Chair
 2013-2015 Coordinated the transition from LAHS to HMSV
 2013-2014 Health Psychology Search Committee
 2012-2014 Social Sciences Social Committee, Chair
 2013-2014 Psychology Search Committee
 2012-2013 Anthropology Search Committee
 2011 Generate Proposal for LAHS Major
 2010 Organized Display of Faculty Research and Student Awards
 2009-2010 Social Sciences Social Committee
 2008 Filled in for Dr. Greenwood while on maternity leave

Psychology Discipline

2019-2020 Coordinate the Psychology Alumni Talks: Andrew Burroughs, Andrea Renville, Winnie Lindstrom, & Madison Anderson

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| 2019-2020 | Coordinate the Native Psychology Cohort- Pilot NASS |
| 2018-2019 | Provided Clinical Supervision to Evan |
| 2015 | Coordinator for Psychology Guest Speaker: Dr. McNelly. |
| 2014 | Psychology Discipline Coordinator (Fall) |
| 2012-2013 | Awards Committee, Chair |
| 2009-2010 | Awards Committee, Chair |
| 2008-2010 | Senior Seminar Placement, Chair |
| 2008-present | Psi Chi, National Honor Society in Psychology Presenter |

Service to Other Universities

University of California, Davis

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|-----------|----------------------------------|
| 2007 | Emergency Preparedness Committee |
| 2005-2007 | Multicultural Group Facilitator |
| 2005-2007 | Eating Disorder Management Team |
| 2005-2007 | Sport Psychology Team |
| 2005-2007 | Social Committee |

University of Arizona

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| 2004 | Faculty Search for Clinical Position Committee |
| 2004 | Panel- Preparation for Graduate School Course |
| 2003-2005 | Peer Athletic Leaders group Presenter |
| 2003-2004 | Clinical Student Representative |
| 2003-2004 | Psi Chi, National Honor Society in Psychology Presenter |
| 2003 | Clinical Graduate Students Manual Committee |
| 2003 | Safe Zone Training |
| 2002-2004 | Psychology Student Representative |
| 2002-2003 | Prospective Graduate Student Weekend Organizer |
| 2001-2005 | Psychology Teaching Assistant Committee |

Public and Other Service

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| 2010-present | Consult for Prairie Community Services, Morris, MN |
| 2019-2020 | Coach an Odyssey of the Mind Team at MAES |
| 2019-2020 | Coach 3 rd grade basket ball team |
| 2018-2019 | Provide Monthly Equity and Diversity training to 2 nd grade students |
| 2018 | Latina Woman's Support Group: Presented a Workshop on Self Compassion, Morris, MN |
| 2017 | Swift County CPS, self-care and dealing with client loss |
| 2016 | Region 4 South Adult Mental Health Consortium Presenter |
| 2014 & 2015 | Martin Luther King Jr. Day of Service |
| 2014 | Latina Woman's Support Group: Presented a Workshop on Self Care, Morris, MN |
| 2013 | Latina Woman's Support Group: Presented a Workshop on Depression, Morris, MN |
| 2010 | Provided a 231 page report to Scott Monson, Morris Area School District Superintendent |
| 2008 | Diversity Training for the Residents of Riverview Place, Fargo, ND |
| 2007 | Team Building Workshop for Kindred, ND Girl's Basketball Team |
| 2004-2005 | Relay for Life, Participant |
| 2004 | Mountain View High School, Presentation |

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| 2004 | Jewish Family Services, Presentation |
| 2003 | Woman's Shelter, Volunteer |
| 2003 | Race for a Cure, Participant |
| 2000 | Habitat for Humanity, Team Organizer |